

## Personal Benefits

**The benefits of volunteering can make your time even more worthwhile. You stand to gain by helping.**

*Maryjean Ballner*

Ease back into the workplace if you've been out of work. Experience a sense of value and constructive ways to fill free time. Update your resume with experience that employers want. Meet people with interests similar to your own. Enjoy the special unspoken status associated with shelter volunteers. It takes extraordinary people to donate their time and talents for animals. Meet new people in a less intimidating social situation - the primary focus is on the animals. If you schedule a family project around a shelter event, you can enjoy quality family time. Great for singles or transfers new to an area. Being part of a helping process is a rewarding experience.