

## Quick Tips: Why Grooming Is Important

**Proper coat care provides health benefits. Learn eight ways regular grooming can help your cat.**

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Veterinarians, breeders and groomers recommend that most cats receive some sort of grooming on a regular basis for a variety of reasons. Here are eight ways grooming helps your cat:

1. Decreases hairballs.
2. Controls fleas.
3. Keeps the cat (and therefore your home) cleaner.
4. Keeps matting to a minimum.
5. Allows the cat more freedom of movement.
6. Removes dead skin/fur.
7. Degreases the coat.
8. Avoids the chance that elimination would be impeded.