

Healthy Treat Habits

Show your affection for your cat with a snack that won't ruin your pet's diet.

Stacy N. Hackett

6. Make a positive impact on your cat's dental health with treats formulated to help remove plaque and tartar. The crunchy bites help remove buildup on your pet's teeth but are not a substitute for regular dental care.

7. Give your cat a taste of the outdoors with home-grown wheat grass. He'll enjoy nibbling on the blades of grass without being exposed to pesticides or outdoor pests.

8. Create some excitement with catnip. This feline favorite is available in flake, pellet, grass and treat forms. Consider putting some flakes in your cat's favorite toy, or sprinkling some flavored flakes over his dry food.

Remember, treats do not replace your cat's well-balanced, high-quality cat food. Show your affection for your pet with an occasional tasty morsel, but don't feed so many treats that your cat avoids his food dish. As with most good things, moderation is key.