

Eating Habits

Understand kittens' nutritional needs and how they view food for a healthy, happy life.

By Rebecca Sweat

You just brought home a new kitten and are learning all you can about kitten care. You want your new feline pal to be healthy and happy, and feeding a proper diet is a big part of the equation.

"A kitten's development, physical health and even mental well-being are very dependent upon the nutrients it receives from its food," says Sheldon Rubin, DVM, a Chicago veterinarian, and past president of the Illinois State Veterinary Medical Association. But what exactly is a proper diet for a kitten?

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