

Natural Cat

Discover the health benefits of natural diets.

By Lisa Hanks

Holistic practitioners say that a properly formulated natural diet can elevate your cat's health to a whole new level. Although hard scientific evidence still is lacking, experience and case studies show positive results.

Monique Maniet, a veterinarian based in Bethesda, Md., who is certified with the International Veterinary Acupuncture Society and the Academy of Veterinary Homeopathy, touts the benefits of a grain-free, raw-meat diet. "Cats develop shinier coats, greater energy and alertness, and they lose excess weight," Maniet says. "Plus, you end up with smaller, less-smelly stools — a wonderful side effect."

****Get the January 2009 issue of CAT FANCY to read the full article.****