

Health & Care - Diet Right

Proper nutrition and portion control can help your chubby feline maintain a healthy weight.

By Michelle C. Hollow

Many of us use food as a form of love. When our cats look at us with those big eyes requesting food (human or feline), it's easy to give in. However, conceding to your feline's pleas is a harmful habit. Overweight cats — just like overweight humans — are unhealthy.

Cats are obligate carnivores, meaning they require animal protein and fat to survive.

****Get the January 2010 issue of CAT FANCY to read the full article.****